

# YAKIA SAUNAS

The Outdoor Sauna Company



# Welcome to Yakia Saunas

The Outdoor Sauna Company.

Yakia Saunas are built around a love of the outdoors, traditional craftsmanship, and modern wellness. Each Yakia Sauna is designed to elevate your garden space and create a private retreat for the ultimate in relaxation.

“Whether you’re winding down after a long day or starting your morning with intention, a Yakia Sauna gives you the space to reconnect – with yourself, your health, and the world around you.

We’re proud to offer not just a product, but an experience that’s timeless, natural, and made to last.”

Richard Hart - M.D.



**Wellness:** We design with your health and well-being in mind. Every sauna supports daily rituals of relaxation and recovery.



**Craftsmanship:** Built using thermally treated wood for durability, beauty and a truly authentic sauna experience.



**Built for the Outdoors:** Designed specifically for the UK climate. Weather-resistant, insulated, and built to perform all year round.



**Designed for Modern Living:** Stylish, compact and easy to install in any garden or outdoor setting.



## Why Choose Yakia Saunas?

Thoughtfully designed. Expertly crafted. Made for the outdoors.

When you invest in a Yakia Sauna you're not just buying a product – you're choosing quality, well-being, and timeless design. Here's what makes Yakia stand out:

### Crafted with Care

Yakia Saunas are built using premium, thermally treated timber chosen for its durability, insulation, and natural beauty. Yakia's unique design isn't just stylish it helps promote even heat distribution and efficient airflow, giving you a superior sauna experience every time.

### Made for the British Climate

Yakia Saunas are built with moisture-resistant materials and engineered to handle the full range of British weather, rain, wind, and snow and everything in between.

### Promotes Daily Wellness

Regular sauna use is proven to reduce stress, boost circulation, support muscle recovery and promote deeper sleep. Yakia helps you build these wellness rituals into your lifestyle, right at home.

### Natural Aesthetics That Fit Anywhere

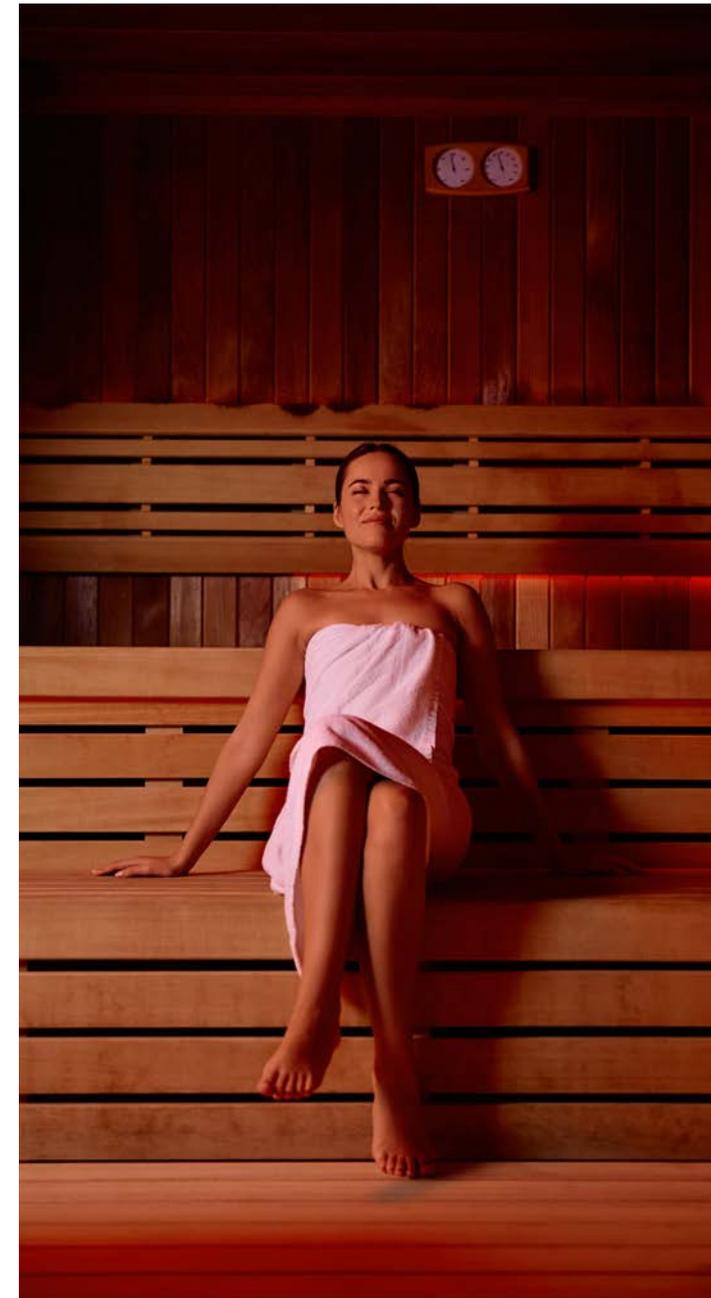
Whether your garden is modern, rustic, or minimalist, the clean lines and warm wood tones of Yakia Saunas blend beautifully into any outdoor setting.

### Quick to Install. Simple to Enjoy

Your local Yakia dealer will take care of the installation making it a stress free process. Within hours you'll have a fully functioning retreat just steps from your back door.

### Heating

Every Yakia Sauna comes with a stylish heater. Its user-friendly built-in controls means you can have the perfect temperature every time.



## Our Sauna Collection

Three Ranges. Endless possibilities for wellness.

At Yakia, we've created three beautifully crafted saunas ranges designed to suit a variety of outdoor spaces. Whether you're seeking a quiet space to unwind or a larger retreat for friends and family, we have the perfect sauna for you.

### Ultima Series - Luxury Wellness

Our premium range of outdoor saunas. Fully assembled in the factory the Ultima Series uses the highest quality of materials throughout.

### 400 Series - Spacious Wellness

The stunning 400 Series features a fully-glazed frontage and integrated balcony area. Its contemporary design creates an elegant focal point in any garden setting.

### 200 Series - Modern Wellness

The 200 Series has a sleek curved roofline enhancing its modern look. Its glazed frontage invites natural light to pour in, creating a bright, welcoming space to unwind.

Model	Interior Volume	Capacity	Ideal For	Heater Type
Ultima L	7.6m <sup>3</sup>	4 people	Families, entertaining	9kW Electric
Ultima S	4.2m <sup>3</sup>	2 people	Small gardens, couples	6kW Electric
400 L	6.3m <sup>3</sup>	4 people	Families, entertaining	9kW Electric
400 S	4.1m <sup>3</sup>	2 people	Small gardens, couples	6kW Electric
200 L	5.2m <sup>3</sup>	4 people	Families, entertaining	6kW Electric
200 S	4.1m <sup>3</sup>	2 people	Small gardens, couples	6kW Electric



Yakia Saunas reserves the right to change specification without prior notice.



# Yakia Ultima Saunas

Creating Luxury Wellness.



## Yakia Ultima Sauna Range

The Yakia Ultima range represents the pinnacle of Yakia outdoor sauna design. Available in two sizes: Ultima S and Ultima L. These saunas are engineered for customers who want uncompromising quality, outstanding thermal performance, and a truly premium sauna experience.

The Ultima range combines advanced construction, exceptional insulation, and a fully pre-built format that makes delivery and installation remarkably straightforward.

## Factory Built for Easy Delivery & Installation

Both Ultima S and Ultima L are supplied pre-built, removing the complexity often associated with outdoor sauna installations. This approach ensures:

- **Faster installation with minimal on-site work**
- **Consistent factory-built quality and precision**
- **Reduced disruption to your garden or outdoor space**

Once delivered, the sauna can be positioned and connected quickly, allowing you to enjoy your sauna with minimal delay.

## Exceptional Insulation & Thermal Efficiency

At the core of the Ultima range is its high-performance insulation system, designed to deliver rapid heat-up times, excellent heat retention, and energy-efficient operation.

The roof, walls, and floor are all constructed using multi-layer insulated assemblies, incorporating:

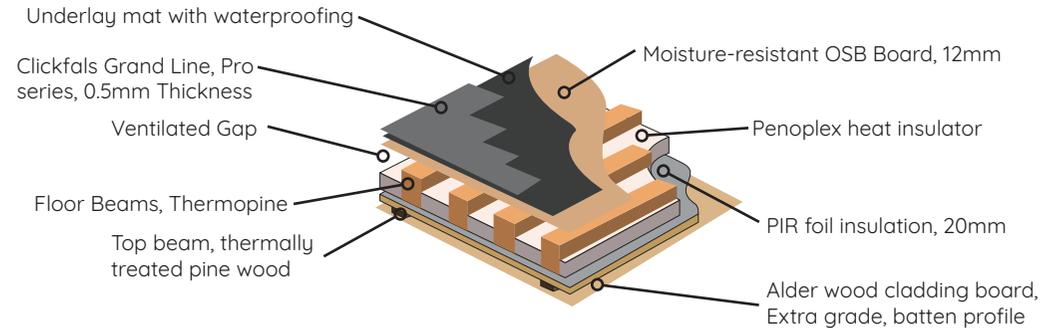
- **Moisture-resistant OSB boards for structural stability**
- **Advanced PIR foil insulation for superior heat retention**
- **XPS carbon insulation in key areas for enhanced thermal resistance**
- **Ventilated air gaps to manage moisture and prolong lifespan**

This carefully engineered layer structure ensures consistent internal temperatures, reduced heat loss, and a comfortable sauna environment in all seasons.

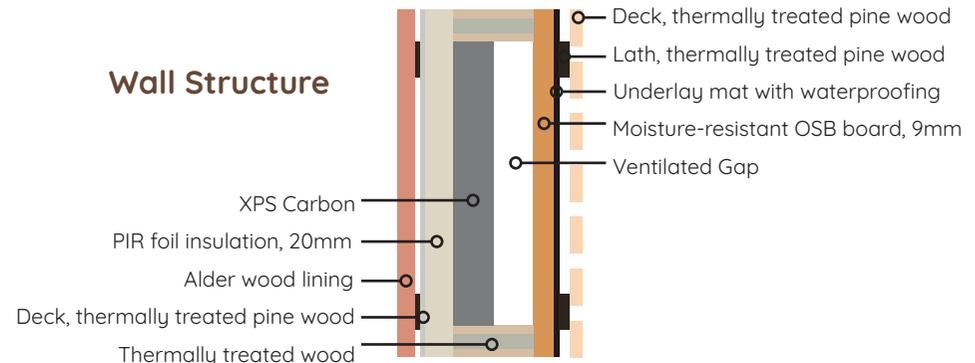
## Premium Materials Throughout

The Ultima range uses thermally treated wood and alder wood linings, chosen for their durability, stability, and natural resistance to moisture and temperature changes. These materials not only enhance longevity but also create a warm, authentic sauna aesthetic inside and out.

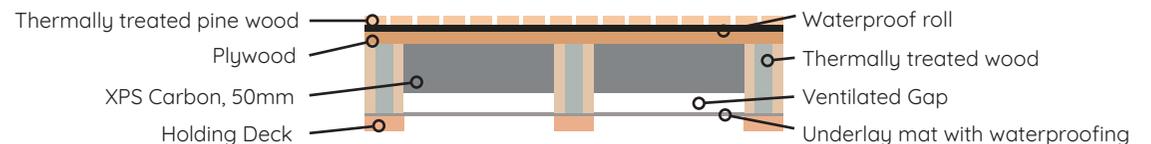
### Roof Structure



### Wall Structure



### Floor Structure



# Yakia Ultima L

Design without compromise.

## Your private retreat, perfected

The Ultima L is a beautifully crafted, contemporary sauna designed to elevate any outdoor space. Its clean architectural lines and expansive glazing create an effortlessly spacious retreat suitable for all the family.

- **Seats 4 People Comfortably** - ideal for families
- **Thermally Treated Timber** - built to withstand the UK climate
- **Panoramic Double-glazed Window and Door** - Seamless connection between indoors & outdoors

### Standard Features:

- 9kW Electric Wall-mounted Heater
- Waterproof Underlay Matting
- LED Lighting to Benches and Backrest
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood

### Dimensions (WDH):

- **External:** 255 x 225 x 230cm
- **Internal:** 204 x 190 x 197cm
- **Internal Volume:** 7.6m<sup>3</sup>

### Colour Options:

- **Brown**
- **Natural**



# Yakia Ultima S

Craftsmanship you can feel.

## Your private sanctuary awaits

The Ultima S offers a beautifully intimate retreat, designed for those who cherish quiet moments of calm in a space of their own. Its contemporary lines and expansive glazing create an inviting, light-filled environment providing an oasis of personal luxury.

- **Seats 2 People Comfortably** - ideal for individuals and couples
- **Thermally Treated Timber** - built to withstand the UK climate
- **Compact Design** - fits into the tightest of garden spaces
- **Double-glazed Window & Door** - retains heat while offering a stylish external view

## Standard Features:

- 6kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood

## Dimensions (WDH):

- **External:** 150 x 255 x 230cm
- **Internal:** 106 x 204 x 195cm
- **Internal Volume:** 4.2m<sup>3</sup>

## Colour Options:

- **Brown**
- **Natural**



# Yakia 400 L

More space. More comfort. More to enjoy.

## Spacious wellness

The 400 L is our largest model, designed for those who want to bring people together or simply enjoy more room to stretch out and relax. Whether it's a weekend with friends or a peaceful solo retreat, the 400 L offers a deeper, more luxurious wellness experience all from the comfort of your own garden.

- **Seats 4 People Comfortably** - ideal for families
- **Thermally Treated Timber** - built to withstand the UK climate
- **Panoramic Glazing** - creates a seamless connection between indoors & outdoors

## Standard Features:

- 9kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 40mm Thermowood Walls
- 30mm Kingspan Insulated Roof Panels
- 28mm Thermowood Floor
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood

## Dimensions (WDH):

- **External:** 229 x 229 x 235cm
- **Internal:** 177 x 177 x 201cm
- **Internal Volume:** 6.3m<sup>3</sup>



# Yakia 400 S

Small in size. Big on experience.

## Compact luxury

Designed for those with limited space but limitless expectations, the 400 S delivers the full luxury sauna experience in a beautifully compact form.

- **Seats 2 People Comfortably** - ideal for individuals and couples
- **Thermally Treated Timber** - built to withstand the UK climate
- **Compact Design** - fits into the tightest of garden spaces
- **Double-glazed Door** - retains heat while offering a stylish external view

## Standard Features:

- 6kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 40mm Thermowood Walls
- 28mm Thermowood Floor
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood

## Dimensions (WDH):

- **External:** 150 x 202 x 216cm
- **Internal:** 141 x 150 x 193cm
- **Internal Volume:** 4.1m<sup>3</sup>



# Yakia 200 L

Design without compromise.

## Modern lines, more space

The 200 L with its generously proportioned design combines a family size sauna area with an open front balcony, complete with integrated seating. This creates a welcoming transition between garden and sauna which is perfect for cooling off, socialising, or simply taking in the view.

- **Seats 4 People Comfortably** - ideal for families
- **Thermally Treated Timber** - built to withstand the UK climate
- **Panoramic Glazing** - creates a seamless connection between indoors & outdoors

## Standard Features:

- 6kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 40mm Thermowood Walls
- 30mm Kingspan Insulated Roof Panels
- 28mm Thermowood Floor
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood

## Dimensions (WDH):

- **External:** 205 x 210 x 210cm
- **Internal:** 196 x 105 x 190cm
- **Internal Volume:** 5.2m<sup>3</sup>



# Yakia 200 S

Space efficient design.

## An intimate retreat for two

The 200 S brings the signature curved profile of the range into a beautifully efficient footprint, perfectly suited to smaller garden spaces. Its contemporary form and glazed frontage create a bright, inviting interior that feels surprisingly open for its size.

- **Seats 2 People Comfortably** - ideal for individuals and couples
- **Thermally Treated Timber** - built to withstand the UK climate
- **Compact Design** - fits into the tightest of garden spaces
- **Double-glazed Door** - retains heat while offering a stylish external view

## Standard Features:

- 6kW Electric Wall-mounted Heater
- LED Lighting to Benches and Backrest
- 40mm Thermowood Walls
- 28mm Thermowood Floor
- 2 level Sauna Benches made from Thermo-Aspen Wood
- Backrest made from Thermo-Aspen Wood

## Dimensions (WDH):

- **External:** 150 x 202 x 216cm
- **Internal:** 141 x 150 x 193cm
- **Internal Volume:** 4.1m<sup>3</sup>



## Heating Your Yakia Sauna

Powerful. Reliable. Made to Perform.

A sauna is only as good as the heat it provides, which is why every Yakia Sauna comes equipped with a premium electric wall-mounted heater. Our high quality heaters offer performance, reliability, and efficiency.

### The Right Heater for Every Model

#### 6kW Electric Wall-mounted Heater

Compact yet powerful, the 6kW heater is perfectly matched to the size of the Yakia Sauna. Providing fast heat-up times and even warmth throughout the cabin. Ideal for smaller spaces, it ensures you enjoy an authentic sauna experience, every time.

#### 9kW Electric Wall-mounted Heater

The upgraded 9kW heater, delivering impressive heat output to comfortably warm the spacious interior. Even with more room to relax, the Yakia Sauna reaches optimum temperature quickly and efficiently.

**Please note:** Electric heaters require a dedicated power supply. To ensure safe and compliant commissioning, a qualified electrician will need to carry out minor installation work. Please get in-touch for more details.



**“The heater is fantastic, quick to heat, simple to use, and gives that authentic sauna warmth. We couldn’t be happier!” - Oliva White, Essex**

### Complete Your Experience

Pair your sauna with our Optional Yakia Accessory Kit, including:

- Wooden bucket & liner
- Matching ladle
- Thermometer
- 15-minute sand timer
- Set of 5 natural fragrances

Everything you need to enjoy a complete, traditional sauna experience.







# The Benefits of Sauna Wellness

Relax. Recover. Reconnect.

Choosing a Yakia Sauna is all about creating a space for yourself. A space to slow down, switch off and invest in your wellbeing. For centuries, saunas have been used to promote health and happiness and now, you can enjoy those same benefits at home.

## Health & Wellness Benefits of Regular Sauna Use

### Reduces Stress & Promotes Relaxation

The warmth of the sauna helps calm the body and mind, easing tension and supporting mental clarity.

### Improves Circulation

The heat increases blood flow, which can boost cardiovascular health, reduce muscle soreness and support recovery after exercise.

### Supports Detoxification

Sweating in the sauna helps to flush out toxins and impurities from the body, promoting overall health.

### Boosts the Immune System

Regular sauna sessions have been shown to enhance immune function, helping your body defend itself naturally.

### Enhances Skin Health

The increased circulation and deep cleansing effect can leave skin looking fresher and more radiant.

### Encourages Better Sleep

The relaxing effects of a sauna session can help you unwind before bed, supporting deeper, more restful sleep.

## More Than Just a Sauna, it's a Lifestyle

Whether you're starting your day with intention or unwinding in the evening, your Yakia Sauna becomes part of your wellness routine. It's your own personal retreat, just steps from your back door.

**“I never realised how much I needed a sauna until I had one. It's become my escape, my reset button, and my daily act of self-care” - Paul Smith, Essex**



## Ready to Experience Yakia?

Your perfect sauna is just a few steps away.

### Find your nearest showroom

Before choosing your Yakia Sauna we recommend visiting one of our trusted dealers. With showrooms throughout the UK we believe in providing a personal, face to face buying experience.

Knowledgeable staff will guide you through the options and help you find the perfect Yakia Sauna for your outdoor space.

### Professional Installation Services

Once you've chosen your Yakia Sauna, your local dealer will work closely with you to ensure a seamless and smooth installation process from start to finish.

For your peace of mind and to ensure the highest quality, we recommend that Yakia Saunas are installed by your local authorised dealer.



### Find your nearest showroom

See the quality of Yakia Saunas in person, scan the QR code to find your nearest showroom.



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[www.yakia-saunas.co.uk](http://www.yakia-saunas.co.uk)



January 2026